

Philosophy of Education

Reconciliation is a way of life, continuous, with no end date. It is learning from our lived experiences and understanding one another. It is creating the necessary space for us to heal. It is planting seeds of hope and respect so that our garden blooms for our children.

Governor General Mary May Simon

My educational philosophy centers around the belief that physical literacy is integral to students' education and has the potential to create significant changes in how schools approach indigenizing the curriculum. Physical literacy refers to the knowledge, skills, and attitudes that enable individuals to move with confidence, competence, and creativity in a variety of physical activities and environments.

Incorporating physical literacy into education is crucial because it supports the development of physical, mental, social, and emotional well-being. Through physical activities such as outdoor education, students can connect to the land, understand their relationship with the environment, and develop a deep respect for nature. This connection to the land is especially important in the context of indigenizing curriculum, as it can support the integration of Indigenous knowledge and ways of knowing into the curriculum.

Outdoor education can provide a unique opportunity for students to engage with their environment and learn from it. By incorporating Indigenous ways of knowing into outdoor education, schools can provide students with an understanding of the importance of caring for the land and respecting Indigenous knowledge. This can help students to develop a deeper understanding of the role of the land in Indigenous culture, and in turn, promote the process of reconciliation.

In summary, my education philosophy emphasizes the importance of physical literacy and outdoor education in promoting student well-being, connecting students to the land, and supporting the process of indigenizing curriculum. By integrating physical literacy into education, we can create a more holistic and inclusive approach to learning that promotes respect for land, for Indigenous knowledge, and for each other.